



Grace Lee

Hospitality Educator | Youth Carefluent Speaker

Who is Grace?

Grace Lee is passionate about empowering and motivating youth students to grow in critical life areas.

No stranger to life's disappointment and brokenness. She took many wrong turns, made many wrong choices and settled for less than best.

Her journey from broken to bountiful is a heartfelt inspiration. After a traumatic childhood, her whole world threatened to crumble with it and she suffered a huge emotional breakdown during her adolescence years. She bounced back from rock bottom and is a living proof of how the broken pieces in life that can be rearranged into something beautiful.

Grace's career path began in the field of hospitality. Spanning over 13 years, she immensely enjoyed being of service to guests and achieved top rated customer experience and satisfaction. By then, she was a HOD and earning a high salary. But the truth is, we are creatures of growth, just like a single glass of water that will never quench the thirst of a dehydrated man. So, she left the industry to look for the next thing.

A career transition takes time. What did she discover? Within a year, she had made a difference in the life of a special needs youth, took up Advanced Certificate in Learning and Performance (ACLP) and Neuro Linguistic Programming (NLP) Practitioner and Master Practitioner courses so that she can motivate and assist youths in many more areas of their life.

She was also blessed with the time to walk her four-legged friend every day. As she got fitter, she got happier. But she was happiest with her dog and this incredible feeling was what she wanted to weave into her professional future – whatever that was.

While laying down a plan to reset her life, she became an enrichment and hospitality trainer. The teaching stint made her realize that she was not looking for a career, but a cause. Motivating youths to grow in critical life areas was what she wanted to do.

More importantly, she took real pleasure in what she was doing and found her stride again as a Youth Carefluent Speaker who cares and influences youth.

"I've experienced speakers who are boring. I really enjoyed listening to Grace. She's a vulnerable speaker and the one who can relate to our age group."
-Nurul Syahirah, Woodlands Ring Secondary School

"Grace was very engaging and funny. She shared her mistakes and inspired me. I wished she could be our trainer again."
-Natasha, Yuan Ching Secondary School

**The one who can relate
to our age group.**



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SPEAKING & TRAINING TOPICS

Life is the Name Transformation is the Game

No one has an easy life. For some, it is a lifetime of emotional hurts that might never heal, for others it is challenges thrown at them. But for many, their brokenness becomes part of their identity as they navigate through life. I share my heart-warming story of how the direction of your action dictates the direction of your energy and results. I share how students can overcome challenges, take the broken pieces of their life and build something beautiful.

Attitude of Gratitude Matters

I speak from my own personal experiences on why focusing on being unhappy attracts more unhappiness and the power of owning your feelings. How one particular vulnerable and annoying characteristic that we have can affect our attitude and turn our world upside down in an instant. I share how I drastically alter my attitude around any negative views and am a living proof that there is hope for the hopeless and inspiration for the inferior. Ultimately, where attention goes, energy flows.

Engagement and Teambuilding

Youths who demonstrate lower engagement levels are likely to have a higher rate of absenteeism in school. This session is filled with fun exercises that will grab students' attention and interest. It is designed to equip and empower them with strategy application to effect change within themselves and others. They will have an opportunity to collaborate, compete and celebrate accomplishments.

Carving Your Career

The grass is green where you water it and not greener on the other side. I share my story of struggle - how I found out what I wanted to do in life. Students will discover why talents and skills are important in growing through life, and not by going through life. Discover how growth mindset and continuous improvement are two powerful ways to achieve long-term career goals and how helping others is an incredibly great way of also helping yourself... A real win-win.

BOOK GRACE LEE TODAY FOR YOUR NEXT EVENT



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Where You've Seen Grace:

Novotel Hotel Nan Hua Secondary School Yuan Ching Secondary School Temasek Polytechnic

ITE Central Suntec Singapore Convention & Exhibition Centre The Rotary Club of Singapore

Down Syndrome Association (Singapore)